

To our Spero Health patients,

Given the recent outbreak of Coronavirus (COVID-19), our entire treatment team is implementing CDC recommended practices to protect patients and team members from exposure to the best of our ability. We are closely monitoring evolving CDC guidelines, and will make thoughtful actions to reflect these recommendations. Your well-being is our biggest priority. These past few weeks have been filled with anxiety and unknowns as we navigate through this together. Wall to wall coverage on the news, the influx of information and the changes to everyday life are all things that make your recovery journey that much more challenging. We want you to know that during these unprecedented times, we are more committed than ever to put both you and your care at the very front of what we do.

Addiction is a disease of isolation, and with the new guidance to social distance and to stay at home as much as possible, it can be particularly scary as we know your recovery depends on the social supports you have built with us, and are continuing to build with your community. Through all of this, please know that we are here for you. We are committed to you, your safety and well-being and are making every accommodation we can to make sure we keep you connected to your treatment team and your recovery process in a healthy and safe way.

The way that you have traditionally received services with Spero Health will look different in the coming days and weeks as we open more avenues and create new ways for you to stay connected outside the clinic. In fact, just this week we've started to expand telehealth opportunities that will allow you the chance to "virtually visit" your doctor and counselor with online appointments. Your clinic will be reaching out to you with additional information including how to access your online appointment and other important appointment details. This will not replace all in-person visits and you will still be required to come to the clinic as determined by your treatment plan.

On-line updates are made regularly, and we encourage you to visit us on social media (Facebook, Twitter, LinkedIn) for relevant topics related to COVID-19 organizational updates.

As a reminder and to keep everyone safe please contact your clinic PRIOR to leaving your home for your in-person appointments if you have any of the following symptoms:

- **Fever of 100.4 degrees F/38 degrees C or higher**
- **Cough**
- **Shortness of breath**

These are uncertain times, and as your healthcare partner and advocate we want to assure you that we will be here for you as you continue your brave battle with addiction.

Sincerely,

A handwritten signature in black ink that reads "Steven J. Priest".

Steven J. Priest  
President and Chief Executive Officer  
Spero Health

A handwritten signature in black ink that reads "David Hayden".

David Hayden, MA, LCADC  
Vice President of Clinical Services  
Spero Health